

DAILY BOREDOM BUSTER



CHARLEVILLE
NEIGHBOURHOOD.CENTRE

Sticky & Slimy

Use some basic ingredients to make playdough and slime. Both are super-easy to make and the kids will love helping and, of course, testing out the finished product! See the next page for recipes and instructions.



Basic Slime

This recipe is very basic and only uses 2 ingredients. It isn't a traditional slime that you can stretch, but it does have a slimy texture that's fun to play with.

- Pour 1 cup of thick shampoo or hand soap into a bowl.
- Add a few drops of food colouring (optional) and mix well.
- Slowly add a small amount of salt, one pinch at a time, and mix well.
- When the mixture starts coming away from the sides of the bowl pop it into the freezer for 5 minutes to chill. Once cool, your slime is ready.

Fluffy Slime

This slime recipe is a little more complicated, but the results are fantastic.

- ◆ Pour 1 cup of craft glue into a bowl.
- ◆ Add food colouring (optional). You can also experiment by adding glitter if you wish.
- ◆ Add a few of good squirts of shaving cream and gently mix to combine thoroughly.
- ◆ Then add a half teaspoon of baking soda and mix thoroughly again.
- ◆ And finally, add small amounts of contact lens solution to your mixture while stirring. Keep adding the lens solution until your slime forms and comes away from the edge of the bowl. Your slime is now ready to use.

Butter Slime

This slime has a buttery texture as it's name suggests, and is another basic recipe using only 2 ingredients.

- ◇ Pour 1 cup of shower gel, shampoo or conditioner into a bowl.
- ◇ Add food colouring (optional) and mix well.
- ◇ Slowly add about 1 cup of cornflour to the mixture and stir well. If the mixture is too sticky, add more flour. If the mixture is too dry, add a little more shower gel (or shampoo or conditioner).
- ◇ When the mixture has the right consistency it's ready to use.

Easy Peasy Playdough

- Combine 1 cup of flour with a half cup of salt, a half cup of water, and 5-10 drops of food colouring (optional) to a bowl and mix well.
- Knead your mixture to combine it properly and your playdough is now ready to use.
- Repeat the above to make lots of different coloured batches.
- If your child would like to preserve their playdough creations, simply pop them into a pre-heated oven at 200 degrees Celsius for approximately 30 minutes. Keep checking every 5-10 minutes until the playdough starts to harden. Cool at room temperature.