

DAILY BOREDOM BUSTER



Shadow Drawing

This is a fun activity for kids of all ages, it can be done indoors or outdoors, and during the day or at night!

During the day, pop a favourite toy or other object in front of a sheet of paper so the shadow falls over the paper. Then trace around the shadow and decorate.

At night, tape some paper against a wall. Then shine a torch on your object with the light aimed towards the wall so the shadow falls on the paper. Trace around the object and decorate. Note how the sun and torchlight distort the object you're tracing.

